

What To Do After An Auto Accident

Other Driver

Take a picture of their license and plates

Name_____

Phone Number_____

Address_____

Driver's License #_____

Date of Birth_____

Insurance Company_____

Policy Number_____

Insurance Phone_____

Other Car

Make/Model_____

Year_____ License Plate_____

Owner's Name_____

Address_____

Phone_____

Witnesses

Name_____

Address_____

Phone_____

Police Officer(s)

Take a picture of his/her business card.

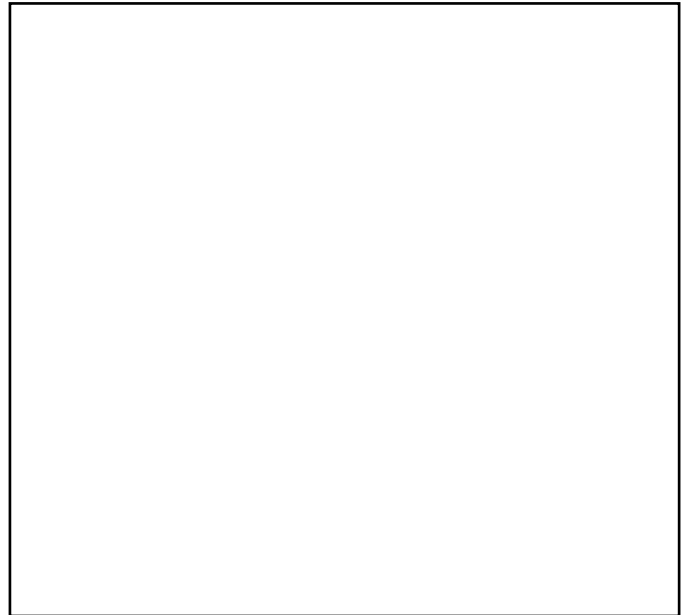
Name_____

Dept._____

Badge #_____ Phone_____

Accident Notes

Draw the position of cars before, during, after the accident. Include traffic signs, stop lights, street signs.



Date/Time of Accident_____

Location_____

Weather Conditions_____

Road Conditions_____

Additional Notes:_____

What To Do After An Auto Accident

- Is everyone OK? Call 9-1-1 to get help for anyone who is injured.
- Make sure the scene is safe. Move if you need to. Gather the information on back of this page. Take pictures with your phone when you can.
- Do not discuss the accident with anyone, except to answer questions by police.
- Do not take any blame for the accident.
- Do not post pictures or info about the accident (or anything else) to social media. If someone asks, let them know you're being cared for and leave it at that.
- If necessary, go to the ER. Hospitals are great at detecting and treating serious or life threatening injuries, but may miss soft tissue injuries. If you're still in pain, see your chiropractor as soon as possible after the crash.
- Call us to get checked out and make sure everything is OK. (503) 305-7762. Even a low speed crash can cause pain or injury, and soft tissue damage that can lead to chronic arthritic issues if not treated. Symptoms can sometimes take a few days, or much longer, to be bothersome, so even if you feel alright, get in and get checked. Generally, whether or not you were at fault, your care will be covered by your auto insurance policy.
- Although no one wants the hassle of dealing with the aftermath of a crash, if you're injured and your property was damaged, you may need to contact an attorney to preserve your rights.
- Fill out DMV Paperwork to report the crash within 72 hours.
(www.oregon.gov/ODOT/DMV/pages/driverid/accidentreport.aspx)



Tranquility
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chiropractic | naturopathic medicine
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Appointment Date _____

Appointment Time _____

Provider _____

You may need to schedule appointments for all
occupants/family members involved in the crash.

Notes _____

Please bring copies of any discharge records from
ER or Urgent Care, and any X-rays or other test
results. We'll do a gentle, but thorough
examination, and help you get back on track!